

Tattoff Tattoo Removal – Pre & Post Care Instructions



BEFORE your treatment:

 **DO NOT** shave or wax the area prior to Tattoff Tattoo Removal. If shaving is required, your NuAGE Technician will do this immediately prior to treatment. **DO NOT** use bleach or “Nair”-type products on the area for two weeks prior to treatment. This can cause irritation and burns to the skin.

 **MUST NOT** have new permanent makeup or tattoos on or near the treatment area. Please ensure you have allowed adequate time (at least 2 weeks) since tattoos or permanent makeup for the areas to heal and settle.

 **USE SUNSCREEN** with an SPF of at least 30 daily. Excessively tanned or burned skin may not be treated due to compromised barrier function. It is recommended to limit sun exposure to 10-14 days prior to treatment.

 **AVOID** any irritants on and around the area, such as any products containing Hydroquinone, bleaching creams, Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least two weeks prior to treatment.

 **DO NOT** use self-tanning agents for at least two weeks before any treatment. If you have used these products, thoroughly cleanse the area with an abrasive/exfoliating scrub to remove all product two weeks prior to treatment. Any artificial dyes or colours on the skin may be pushed into the dermis and cause permanent staining.

AFTER your treatment:

MUST NOT get treated area wet for a minimum of 14 days post treatment. Treated tattoo must be kept absolutely dry for a minimum of 2 weeks after treatment to ensure optimal response and results.

CHANGE treatment dressing (non-adhesive gauze) every 24 hours for a minimum of 14 days post.

DO NOT pick or exfoliate scabs. Removing scabs before they are ready to slough off naturally will cause failure of treatment and potential side effects such as post-inflammatory hyperpigmentation.

 **USE** ZO Skin Health Revitrol Epidermal Repair Crème after a minimum of 14 days post treatment, or once all scabs have sloughed off naturally, to minimize itch and flaking during the healing process. **DO NOT** use Polysporin.

 **AVOID** any irritants on and around the area, such as any products containing Hydroquinone, bleaching creams, Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least one week after your Tattoff Tattoo Removal.

 **DO NOT** pluck or wax the area at least one week after your Tattoff Tattoo Removal. **DO NOT** use bleach or “Nair”-type products on the area for two weeks post treatment. This can cause irritation and interrupt the healing process.

 **AVOID** excessive sun exposure and tanning beds for at least 72 hours after treatment. After a minimum of 14 days, or once all scabs have sloughed off naturally, apply sun protection with a minimum SPF 15 to protect skins integrity.

NAME: _____ DATE: _____ SIGNATURE: _____

Your referrals are greatly appreciated. We will send you a \$50 gift certificate towards your next treatment for each friend or relative that you refer to us.

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